



SCHOOLNET UGANDA

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July 22, 2009

The Head teacher

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Dear Sir/Madam

RE: INVITATION TO THE 2009 WORLD STARTS WITH ME (WSWM) NATIONAL STUDENTS CAMP TO BE HELD MON 31ST AUG 2009 – FRID 4TH SEPT 2009 AT GAYAZA HIGH SCHOOL

As a response to a request which was made by the Head teachers of the WSWM Project schools which participated in the 2007 project cycle at the WSWM Head teachers' orientation workshop which was held at Mukono DFI in 2008 to train school-based WSWM student peer educators from each of the participating schools, SchoolNet Uganda is organizing two National WSWM Student camps during the coming holidays to train the WSWM student peer educators.

The World Starts With Me (WSWM) is a sexual reproductive health and rights program implemented by SchoolNet Uganda in partnership with the Dutch World Population Foundation and the Ministry of Education & Sports currently in 150 secondary schools in 39 districts across the country.

This letter serves to request your school to send a student from your school to be trained as a WSWM Student Peer Educator at the WSWM student camp to be held (Mon 31st Aug – Frid 4th Sept) 2009 at Gayaza High School.

Your school is responsible for setting the selection criteria for the student to represent the school but the criteria should include among other things, a student who has a passion for WSWM, knowledgeable about the WSWM curriculum, has good interpersonal and communication skills and practices what WSWM stands for.

The trained WSWM Student peer educator will be responsible for mobilizing students for WSWM activities and lessons, assisting the WSWM teachers in conducting some of the WSWM lessons under the teachers' guidance and for mobilizing students for the WSWM exhibition – Lesson 14. You are advised to send a student who will be in school for one or more years.

WSWM Students Camp Objectives

The training of the WSWM student peer educators will be conducted in such a way as to achieve the following objectives:

- To provide the WSWM students from different schools across the country an opportunity to interact both formally and informally for the purpose of networking and knowledge sharing.
- To provide students with an in-depth knowledge of some of the Sexual Reproductive Health and Rights (SRHR) issues covered within the WSWM curriculum.
- To develop and enhance students' capacity to use Internet as a learning resource and a resource for health information.
- To introduce students to the WSWM online support centre (<http://www.schoolnetuganda.sc.ug/wswmonlinesupport/>) and the Uganda Digital Education Resource Bank (<http://www.uderb.org>).
- To build students' knowledge and skills in communication, public speech, script writing, skit acting, video filming and editing.
- To involve students in developing and producing multimedia youth friendly Sexual Reproductive Health and Rights (SRHR) materials.
- To get students' suggestions and ideas of how to improve the WSWM program in schools both quantitatively and qualitatively.

Workshop Logistics

1. As agreed by the Head teachers at the WSWM Head teachers' knowledge sharing workshop which was held at Mukono Zonal Agriculture Research & Development Institute (MUZARDI) on 16th & 17th June 2009, the student to represent the school will be selected by the school and **the school will be responsible for the transportation of the student representing the school to and from Gayaza High School (the training venue). SchoolNet Uganda has no budget for transport refund for the students. Schools should ensure that students don't get stranded at the training venue like what happened to some students at the 2008 WSWM student camp.**
2. SchoolNet Uganda and WPF will be responsible for accommodation, feeding, and training costs (materials and trainers) for one student from each of the invited schools.
3. In case, a school wants to send more than one student for training, the school will have to meet the cost of accommodation and feeding in addition to transporting the students to and from the workshop. **The unit cost of accommodation and meals for all days of the workshop is 125,000/=.** SchoolNet will only take care of the training costs for the extra students. **Each extra student will therefore be expected to report with 125,000/= (One hundred and twenty-five Uganda Shillings) for accommodation and meals.**

4. Students will report to Gayaza High School on the **afternoon of Sun 30th August 2009** before 4:00 PM with **personal effects (blanket, bed sheets, towel, soap, mosquito net, sponge, tooth brush, tooth paste etc)** and will depart on the **morning of Sat 5th Sept 2009**. Gayaza High is located 16 km (10 miles) from Kampala, 1km from Gayaza Trading Centre. **A mosquito net is quite essential because Gayaza High school has a large number of mosquitoes.**

Schools invited for the 2nd 2009 WSWM National Student Camp

The following schools are invited to attend the 2nd 2009 5-day National WSWM Student Camp to be held at Gayaza High School (Mon 31st Aug- Frid 4th Aug) 2009.

Alliance High School Nansana (Wakiso), Mvara Secondary School (Arua), Muni Girls school (Arua), Bweranyangi Secondary School (Bushenyi), Bugongi Girls SSS (Bushenyi), Busia SS (Busia), Lumino High School (Busia), Awere SS , Gulu (Gulu), Gulu High School (Gulu), Sacred Heart Secondary School (Gulu), St. Joseph's Layibi, Gulu (Gulu), Duhaga SS (Hoima), St. Andrea Kaahwa (Hoima), Iganga Girls SS (Iganga), MM College Wairaka (Jinja), Wanyange Girl's Secondary School (Jinja), Kakira Secondary School (Jinja), Mbogo High School (Kampala), St Peter's Nsambya (Kampala), Airforce Secondary School (Kampala), St Joseph's Naggalama (Kayunga), Y.Y. Okoth Memorial College (Kitgum), Ngora Girls' Secondary School (Kumi), Teso college Aboet (Soroti), Comboni College (Lira), Lango College (Lira), St. Mary Magdalene Sec School (Lira), Bishop Tarantino College (Lira), Rachele Comprehensive SS, Lira (Lira), Naalinya Lwantale SS (Luwero), Ndejje High School (Luwero), Excel Boarding Secondary School (Masindi), Kabalega Secondary School (Masindi), Mbale SS (Mbale), Nabumali High School (Mbale), Nadunget Secondary School (Seed school)(Moroto), Moroto Parents Academy (Moroto), Kasaka Secondary School (Mpigi), St. Maria Goretti S S S Katende (Mpigi), Bishop's Senior School Mukono (Mukono), Namilyango College (Mukono), St Peter's Nkokonjeru (Mukono), 3R's Secondary School (Mukono), Namapo Secondary School (Sironko), Soroti Secondary School (Soroti), Tororo Girls School (Tororo), Buwaga Secondary School (Wakiso), Gayaza High School (Wakiso), St. James High School Nansana (Wakiso).

Kindly confirm your participation with Allen Nansubuga by sending an SMS or calling 0772-362373 or send an email to alnansubuga@yahoo.com or with Daniel Kakinda by sending an SMS or calling 0772-820167 or send an email to dkakinda@yahoo.com

A detail workshop programme is appended to this invitation.

Sincerely Yours,

Kakinda Daniel.
Training Director,
SchoolNet Uganda

DETAILED PROGRAM FOR THE WSWM NATIONAL STUDENT CAMP

REPORTING DAY – SUN 30 TH AUG 2009		
TIME	ACTIVITY	BY WHOM
2:30–4:00PM	<ul style="list-style-type: none"> • Dormitory registration and receiving mattresses • Housekeeping issues (accommodation, meals, etc) 	Gayaza High School
4:00 -4:30 PM	EVENING TEA	
5:00–7:00 PM	Hands-On Activity : ICT training in the computer lab. <ul style="list-style-type: none"> • Using Internet as a learning and communication tool. • Introduction to WSWM Online support centre and to the Uganda Digital Education Resource Bank. 	Young Women in IT
7:00-8:00PM	SUPPER	
8:00-10:00PM	Private work: Using the Internet for research and acquiring email addresses	Participants
END OF REPORTING DAY		
DAY 1- MON 31 ST AUG 2009		
TIME	ACTIVITY	BY WHOM
8:00 -10:00 AM	Camp opening: Introductions of facilitators and participants: <ul style="list-style-type: none"> • Participants name, school, expectations and concerns. • Setting ground rules • Selection of helping hands 	National Peer Educators
10:00 -10:40 AM	Discussion & Presentation: What to expect during the week <ul style="list-style-type: none"> • Reactions to participants' expectations and concerns. • WSWM National Camp objectives and programme • Training Methodology- Experiential learning • Collecting students' SRHR questions. 	Daniel Kakinda
10:40-11:00 AM	HEALTH BREAK	
11:00 -1:00 PM	Minds-On Activity: Brainstorming Sexual Reproductive Health and Rights (SRHR) challenges faced by young people. <ul style="list-style-type: none"> • Relevancy of WSWM in addressing these challenges • Coping with these SRHR issues as peer educators • Need to refer to youth friendly services. 	Alex Okwaput
1:00 -2:00 PM	LUNCH	

2:00 -4:00 PM	Presentation & Minds-On Activity: Skit Production <ul style="list-style-type: none"> • What is a skit and how to come up with a skit story? • Plotting a skit story. • Dramatic techniques, style and language • Scripting a skit • Roles and responsibilities in skit production. • Possible challenges and resolving them. 	Christopher Ssebunya
4:00 -4:20 PM	HEALTH BREAK	
4:20 -5:20 PM	Review of the skits, poems, art pieces and speeches made by participants of the 2008 National WSWM camp.	Kakinda Daniel
5:20- 6:30 PM	Team building and trust-building games and exercises	
7:00 – 8:00 PM	SUPPER	
8:00-10:00 PM	Private work: Using the Internet for research and revision	Participants
END OF DAY 1		
DAY 2- TUE 1ST SEPT 2009		
8:00 – 8:30 AM	Presentations: Speeches by participants (3 min each) on any of the SRHR challenges	Participants
8:30 -10:40 AM	Brainstorming: Minds-On Activity- Sexuality and Love <ul style="list-style-type: none"> • Learning own sexuality. • The progressive steps of intimacy. • The physical, intellectual, social and spiritual risks of sexual activity. • Practical steps for forming healthy boundaries and respectful healthy relationships. • Ways to say “NO” to sexual activity • Skills of abstinence and how to return to abstinence once sexually active. 	Kigozi Bright
10:40 -11:00 AM	HEALTH BREAK	
11:00- 1:00 AM	Brainstorming: Minds-On Activity -Developing communication skills for Peer Educators on SRHR issues. <ul style="list-style-type: none"> • Likes and dislikes of young people • Social characteristics of young people • Issues to consider when communicating to young people. • Important components of good public speaking 	Kenneth Lukwago
1:00 -2:00 PM	LUNCH	
2:00- 4:20 PM	Hands-on Activity: Skit stories <ul style="list-style-type: none"> • SRHR themes for the skits • Formation of student groups to come up with stories • Skit plotting and writing 15 min scripts for the 	Christopher Ssebunya

	skits. <ul style="list-style-type: none"> Assigning roles and responsibilities within the group. 	
4:20 -4:40 PM	HEALTH BREAK	
4:40 -6:00 PM	Inspirational talks by Young people	SchoolNet Alumni
6:00- 6:45 PM	Games and Sports (own choice)	
7:00 – 8:00 PM	SUPPER	
8:00-10:00 PM	Private work: Using the Internet for research and revision	
END OF DAY 2		
DAY 3- WED 2ND SEPT 2009		
8:00 -8:30 AM	Presentations: Speeches by participants (3 min each) on any of the SRHR challenges	Participants
8:30 -10:40 AM	Presentation & Brainstorming: Minds-On Activity- Student Peer Educators. <ul style="list-style-type: none"> What is peer education Benefits and limits of peer education Desirable qualities of a WSWM student peer educator Roles, responsibilities and boundaries of a school-based WSWM student peer educator 	Kakinda Daniel
10:40 -11:00 AM	HEALTH BREAK	
11:00 -12:00 PM	Presentation & Brainstorming : Minds-On Activity- Pregnancy <ul style="list-style-type: none"> Menstruation cycle How pregnancy occurs and signs of pregnancy Pregnancy test Myths about pregnancy Health and social consequences of unwanted teen pregnancy. 	Winnifred Akeso
12:00- 1:00 PM	Presentation & Brainstorming: Minds-On Activity- Sexually Transmitted Infections <ul style="list-style-type: none"> Common STIs, their method of transmission, signs and symptoms. Prevention and treatment Health complications when not treated early 	Winnifred Akeso
1:00-2:00 PM	LUNCH	
2:00 – 4:20 PM	Hands-On Activity	
	Group 1: Rehearsing and Acting before camera	Ssebunya, Allan , Ronnie
	Group 2: Speeches & Poems	Lukwago
	Group 3: Art works	
4:40-5:00 PM	HEALTH BREAK	
5:00 – 6:30 PM	Music Show : Learning about other cultures	

7:00 – 8:00 PM	SUPPER	
8:00-10:00 PM	Private work: Using the Internet for research and revision	
	END OF DAY 3	
	DAY 4- THUR 3RD SEPT 2009	
8:00 -8:30 AM	Presentations: Speeches by participants (3 min each) on any of the SRHR challenges	Participants
8:30 -10:40 AM	Presentation & Discussions: Sharing best & worst practices at Lesson 14: Exhibition	Kakinda Daniel
10:40 -11:00 AM	HEALTH BREAK	
11:00 -1:00 PM	Minds-On Activity: Reviewing filmed footage of skits <ul style="list-style-type: none"> • Discussing strengths and weaknesses. • Improving the skits 	Ssebunya
1:00 -2:00 PM	LUNCH	
2:00 – 6:00 PM	Hands-On Activity	
	Group 1: Rehearsing	Ssebunya
	Group 2: Filming the speeches & poems	Allan
	Group 3: Filming the Art works	Ronnie
7:00 – 8:00 PM	SUPPER	
8:00-10:00 PM	Private work: Using the Internet for research and revision	
	END OF DAY 4	
	DAY 5- FRID 4TH SEPT 2009	
8:00 -8:30 AM	Presentations: Speeches by participants (3 min each) on any of the SRHR challenges	Participants
8:30 -10:00 AM	Presentation & Discussion: Overview of life skills needed of a WSWM Student Peer Educator	Alex Okwaput
10:00-10:20 AM	HEALTH BREAK	
11:00 -1:00 PM	Skit filming	
1:00 -2:00 PM	LUNCH	
2:00 – 4:40 PM	Skit filming	
4:40 – 5:00 PM	HEALTH BREAK	
5:00 – 6:30 PM	Closing Ceremony: <ul style="list-style-type: none"> • Viewing of the filmed skits • Award of certificates 	
7:00 – 8:00 PM	SUPPER	
	END OF DAY 4	
	DEPARTURE DAY- SAT 5TH SEPT 2009	
	Depart after breakfast	Participants