

The World Starts With Me (WSWM) Program

A report on the Teacher's sensitization Seminar
held in

Aidan College, Namasuba

on

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Submitted to

SchoolNet Uganda

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The WSWM Tree is the first feature that welcomes visitors to Aidan College

Table of Contents

Introduction:	Pg 3
Official opening of the WSWM Teachers Sensitization Seminar	Pg 4
Remarks from Mr. Mirimu Robert the WSWM Teacher Aidan College	Pg 5
Participants' Expectations from the seminar	Pg 6
WSWM Teachers Sensitization Seminar Objectives	Pg 5
Objectives for the WSWM Teachers' Sensitization Seminar	Pg 8
Remarks from the Principal, Aidan College	Pg 8
Small Groups discussions	Pg 9
Group 1 and 2 presentations and WSWM Teacher's harmonization:	Pg 13
Student Peer Educator personal testimony:	Pg 17
Group 3 and Group 4 presentations and WSWM Teacher's harmonization	Pg 19
WSWM Students' Presentation	Pg 21
Health Workers' Presentation	Pg 23
SchoolNet Uganda Representative's remarks	Pg 24
Closing Remarks from Headteacher, Aidan College	Pg 26
Participants' evaluations of the seminar	Pg 24
Appendix 1: Participants List.....	Pg 24
Appendix 3: WSWM Teachers Sensitization Seminar programme	Pg 26

“Whenever I meet any student for discipline cases I straight away can tell whether that student belongs to the WSWM club or not. And if not, I advise that student to join the WSWM because that club shapes them up”.

A quote from Deputy Headteacher Welfare & Discipline, Aidan College

Introduction:

The “World Starts With Me’ (WSWM) is a comprehensive sexuality education curriculum for adolescents aged 12 – 19 years.

The WSWM was developed by the World Population Foundation in the Netherlands, SchoolNet Uganda and Butterfly Works, and started in Uganda in 2003 and the number of schools that are implementing the program has been increasing every year. There were 3 schools in 2003, 10 schools in 2004, 28 schools in 2005, 50 schools in 2006, 70 schools in 2007, 100 schools in 2008, 150 schools in 2009 and 2010 and now 180 schools in 2011.

The WSWM in Uganda is implemented by SchoolNet Uganda in secondary schools. SchoolNet Uganda is a Not-for-profit NGO whose core business is pedagogical training for teachers on how to use Information Communication Technology (ICT) to enhance the teaching and learning processes. For more information about SchoolNet Uganda, visit the SchoolNet Uganda website at <http://www.schoolnetuganda.sc.ug>

The WSWM curriculum comes on an interactive CD-ROM so the WSWM uses ICT to deliver sexuality education. The WSWM is also supported via ICT at <http://schoolnetuganda.sc.ug/wswmonlinesupport/>

For more information about the WSWM program in Uganda, visit <http://schoolnetuganda.sc.ug/projects/on-going-projects/the-world-starts-with-me.htm>

In 2010, the WSWM program held over 30 Teachers Sensitization seminars in 30 of 150 implementing schools and left behind such a demand by the participating schools. The seminars improve the quality of implementation of the WSWM program and advocate for a holistic involvement of all stakeholders in the success of the program in a given school.

Based on the 2010 success with the WSWM Teachers seminars created, SchoolNet Uganda planned to conduct another 30 such seminars in 30 schools of which Aidan College, Namasuba is a beneficiary.

Aidan College, Namasuba is a day and boarding mixed secondary school with a student population of 670 boys and girls. The school has since 2008 been one the 150 secondary schools in Uganda implementing the WSWM program. The school has been implementing the WSWM program on club level until the Teachers Sensitization seminar being reported about when the school administration noted that the WSWM should go beyond club level and benefit everyone in the school.

Seminar Participants present included:-

1. Seventeen staff members of Aidan College
2. The WSWM teacher, Mr. Mirimu Robert
3. The WSWM teacher St. James High School Nansana, Mr. Simon Kitaka
3. The WSWM Desk Officer; Nansubuga Allen S.
4. The Head teacher Aidan College, Mrs. Nakanjako
5. The Principal, Aidan College, Mr. Emmanuel Ssempala Kigozi
6. One Health worker from Ndejje Health Center IV, Mrs. Mawanga Suzan
7. Two security guards, Aidan College
8. The WSWM club leaders, Aidan College
9. The Former Student Peer Educator St. James High School Nansana, Ms. Anna
10. The Night watch-man, Aidan College
11. WSWM club members (students)

ACTIVITIES:

1) Official opening of the WSWM Teachers Sensitization Seminar:

At exactly 9:56am, Mr. Mirimu took the floor and welcomed his colleagues, the WSWM club leaders and members, the SchoolNet Uganda representative, the Deputy Headteacher Aidan College (in charge of Welfare and Discipline) and the health worker (not yet arrived) to the WSWM Sensitization seminar. He thanked everyone present for putting aside time despite the busy schedules to turn up for the seminar. He then called upon the Deputy Headteacher present to open the seminar officially



Ms. Nanziri Jane, the Deputy Headteacher making her opening remarks

Ms. Nanziri Jane, the Deputy Headteacher Aidan College in charge of Welfare and Discipline in her opening remarks welcomed participants to the seminar which she thought was very important and very much needed as far as discipline in the school is concerned. She thanked Mr. Mirimu, the WSWM teacher for the great work he is doing in the WSWM club in shaping the youths.

She said: “Whenever I meet any student for discipline cases I straight away can tell whether that student belongs to the WSWM club or not. And if not, I advise that student to join the WSWM because that club shapes them up”. She added that the WSWM activities should continue in this school and beyond the club, to benefit everyone. She then declared the seminar officially open.

2) Remarks by Mr. Mirimu Robert the WSWM Teacher Aidan College



Mr. Mirimu, the WSWM teacher making his opening remarks

Mr. Mirimu thanked the school administration of Aidan College for appreciating the work done by the WSWM club. He said that he does not take the credit alone, but with his colleague Mrs. Frances Nakanjako Mutebi with whom he was trained at a 5-day Residential WSWM Teacher training workshop in January 2008 at St. Joseph’s Girls SS Nsambya. He added that much as Frances took up school administrative duties as the Headteacher of Aidan College in 2009, she still is up to speed with WSWM activities in the school. Mr. Mirimu informed the seminar participants that he will be the Chief Facilitator of the seminar and that

he will be assisted by a visiting WSWM Teacher from St. James High School Nansana who was already on his way to the seminar, as well as the representative from SchoolNet Uganda. He requested participants to introduce themselves (self-introduction) before he proceeded to give the seminar objectives. The self-introductions captured participant's name, subjects he/she teaches (if teacher), other responsibility in school (some participants were non-teaching staff), phone contact, Email contact, and workshop expectations.

3) Participants' Expectations from the WSWM Teachers Sensitization seminar:

Participants expected to;-

- To know why the program is called the "World Starts With Me" yet the world started long time ago
- To get to know more about the WSWM club intentions.
- Who came up with the proposal for WSWM formation?
- Who funds the WSWM?
- How is the WSWM run?
- How does the WSWM club help our students?
- To know the role of the teachers as far as the WSWM is concerned
- Whom does the WSWM target?
- How is a layman benefiting from the WSWM?
- What are the objectives of the WSWM club?
- Why should students be taught about sexuality and love? Doesn't it just stimulate them?
- Knowing the extent to which caning/beating students is a child abuse
- Why is pregnancy for both boys and girls? Boys do not fall pregnant.

The above mentioned were some of the shared expectations of the participants. They were also used as a checklist during evaluation at the end of the workshop.

Mr. Mirimu then continued with his remarks. He informed participants that the WSWM is a comprehensive sexuality education program for adolescents and that WSWM activities in Aidan College are at club level, competing for the same limited time as other clubs in the school like Youth Alive, PIASCY, Wildlife, Red Cross, etc.

He said the WSWM in Aidan College started in 2008. 3 teachers were trained including the Principal who was then the headteacher of the school. He said that Aidan College is one of the privileged schools in Wakiso district to offer the WSWM curriculum, which include Gayaza High School, Kings College Budon St. James High School Nansana, Trinity College Nabbingo, BuwaggaSS, St. Elizabeth Nkoowe, St. Kizito High School, Namugongo and Alliance High School Nansana. He added that as a WSWM teacher, he has benefited a lot.

He said he now is a computer and Internet wizard because of the WSWM. He said the WSWM curriculum comes in two forms: on CD-ROM which means you have to use computers with the CD-ROM, but also in printed manual for use if you have no access to the CD-ROM version.

Mr. Mirimu said that in Aidan College, the WSWM club members meet once or twice in a week for club activities. During the WSWM classes students make artifacts of the SRHR messages they've learnt, they make skits, role plays, poems, compose songs, etc. Mr. Mirimu underlined the opening remarks of the Deputy Headteacher that indeed the WSWM has helped shape up students to excel academically and in discipline.

He said the WSWM curriculum has 14 lessons namely

:

Lesson 1: The WSWM

Lesson 2: Emotional Ups and Downs

Lesson 3: Body Changes

Lesson 4: Friends and Relationships

Lesson 5: Boys and Girls, Men and Women

Lesson 6: Fight for your Rights

Lesson 7: Sexuality and Love

Lesson 8: Pregnancy for both Boys and Girls

Lesson 9: Protect yourself STIs and HIV/AIDS

Lesson 10: HIV/AIDS, You have a role to play

Lesson 11: Love shouldn't hurt

Lesson 12: Future dreams and Plans

Lesson 13: My Top Tip Peer Book

Lesson 14: Exhibition.

Mr. Mirimu paused and asked participants to brain storm **Why WSWM?** Below are some of the participants thought:-

- Everybody is exposed to anything
- Whatever we do affects other people around us positively or negatively
- Whatever good that you expect out of this planet should originate from you
- If you want to tell somebody something you consider yourself first
- Whatever you do in life you should be accountable for it
- It's all about change in the world and you yourself to bring it about

Mr. Mirimu harmonized that session by saying that that's why SchoolNet Uganda working with the Ministry of Education & Sports, has come to Aidan College to create change agents through the WSWM Teachers Sensitization seminar.

Mr. Mirimu then shared with the participants the **seminar objectives** below:

4) Objectives for the WSWM Teachers' Sensitization Seminar

- 1) To create a positive attitude in the teachers towards sexuality education in particular the WSWM for both the students and the teachers.
- 2) To provide the teachers an opportunity to brainstorm the Sexual Reproductive Health and Rights (SRHR) challenges faced by their students and to come up with possible solutions to these challenges.
- 3) To appreciate the need for student peer educators in communicating sexuality education with fellow young people and the need for providing a supportive environment for peer educators to carry out their work.
- 4) To educate the teachers about the WSWM program, its content, how the WSWM provides a social vaccine to the sexuality challenges of their students and the benefits of WSWM to both teachers and students.
- 5) To help the schools identify the strength of the WSWM program over other sexuality programs in schools.
- 6) To introduce the teachers to the WSWM online support so that they can refer students to the support centre for additional support to their SRHR questions.
- 7) To create a working relationship between the schools, the teachers and the healthy workers at the health centres and the Youth Friendly centres within the communities where the schools are located so that teachers can refer the students to these centres for more information and services.

Mr. Mirimu also quickly shared the seminar program with the participants (gave them printed copies) and thereafter divided participants into 4 groups for the small group as per the seminar program and guidelines received from SchoolNet Uganda secretariat prior to the seminar. Each group was to select a chairperson and a secretary. Before the groups moved to their discussion areas, the Principal of the school arrived and Mr. Mirimu immediately invited him to give his remarks.

5) Remarks by the Principal, Aidan College

In his remarks, the Principal of Aidan College, Mr. Emmanuel Ssempala Kigozi thanked all participants for putting aside time out of their tight schedules to participate in the WSWM Teachers Sensitization seminar. He added that for him he knew right away when he attended WSWM Teacher training in January 2008 that sexuality education as comprehensive as the WSWM is needed by

everybody and that it should be beyond club level. He said something has to be done about that.



The Director Aidan College, Mr. Emmanuel Ssempala Kigozi making his opening remarks

He thanked the WSWM teachers for making things happen in the WSWM club. He said the school is proud of the products of the WSWM club. He apologized for not being fully involved in the seminar because he was organizing to go for a burial in Butambala.

6) Small Groups discussions:

Manila sheets and markers were provided to the groups to capture their discussions for presentation in the plenary. The Deputy Headteacher present, the Director of Studies and his Assistant, the school security officers and the night watchman headteacher also participated in the groupwork.

Below are the questions that Group 1 and Group 2 discussed. Each group had a go on all the nine questions below:

- (i) What is sexuality?
- (iii) What is sexuality education?

- (iv) Should the youth be provided with sexuality education and who should provide this sexuality education?
- (v) What Sexuality Education do young people need?
- (vi) Should schools provide comprehensive sexuality education to students? If yes, why? If no, why?
- (vii) What topics /areas which Sexuality Education for students.
- (viii) What challenges are the schools facing/will face in providing sexuality education to students?
- (ix) What can the schools do to address the challenges of providing sexuality education to schools?



Group 1. The Asst. DOS (lady in black) was the group Chairperson



Group 2. The Head Girl was the group Secretary

Below are the questions that Group 3 and Group 4 discussed. Each group had a go on all the ten questions below:

- (i) What is reproductive Health?
- (ii) What is Sexual Health?
- (iii) What are Sexual Rights?
- (iv) What are some of the Sexual Reproductive Health and Rights (SRHR) issues/challenges faced by students in schools?
- (v) How do these Sexual Reproductive Health and Rights (SRHR) issues faced by the students affect their academic performance?
- (vi) What is Aidan College currently doing to address the SRHR issues faced by the students?
- (vii) What challenges are faced by Aidan College in trying to address the SRHR issues faced by the students?
- (viii) What can Aidan College do to address the challenges it faces in trying to address the SRHR issues faced by the students?
- (ix) What role can Student Peer Educators play in assisting the schools address the SRHR issues faced by the students?

(x) How can the schools empower the Student Peer Educators



Deputy HT/ Discipline & Welfare was part of Group 3 discussions



Group 4 Discussions

7) Group presentations in the plenary:

Group 1 and Group 2 presentations and WSWM Teacher's harmonization:

(i) What is sexuality?	Group 1: Feelings and activities connected with a person's sexual desires. Male/female sexuality e.g He was confused about his sexuality
	Group 2: It is either being male or female
<p><i>WSWM teacher's harmonization:</i></p> <p>Mr. Kitaka Simon told participants that their answers are all correct. He added that Sexuality is one's biological, psychological, emotional and social self. Sexuality is something someone is part of, throughout his/her entire life. He said that even teachers need to acquire this sexuality knowledge. Teachers can also tap information from students because the students know a lot. He advised teachers to integrate sexuality education in their teaching subjects. That even if you are teaching Mathematics, pause a bit and pass on a sexuality message to the students.</p>	
(ii) What is sexuality education?	Group 1: Is the knowledge being imparted in a person especially the youth about reproductive health
	Group 2: Is the act of imparting knowledge about sex to students
<p><i>WSWM teacher's harmonization:</i></p> <p>Mr. Mirimu told participants that all their answers are correct. He added that Sexuality education is a long life process of acquiring information and forming attitudes, beliefs and values about one's identity, sexual development, reproductive health, body image, gender roles, interpersonal relationships and intimacy. It involves those educational activities (skits, poems, role plays, discussions, debates, songs etc) that are aimed at providing knowledge, building skills and developing the right attitudes about all aspects of sexuality including all those things affecting our students like mood changes, body changes, body image, values, decision making, future dreams, communication, friendships and relationships, gender, sexually transmitted infections (STIs) and HIV/AIDS, refusal skills (avoiding participating in high risky behaviors e.g. drug abuse, violence and/or sexual activity), etc. He added that the WSWM curriculum covers all these aspects and that's why we want all you teachers to get on board through today's seminar.</p>	
(iii) Should the youth be provided with sexuality education and who should provide this sexuality education?	Group1: Yes, because it enables them to cope with their emotional feelings, helps one to understand the spirit of misuse of sex, body changes and also helps one to overcome challenges of the reproductive health
	Group 2: Yes

<p><i>WSWM Teacher's harmonization:</i></p> <p>Mr. Mirimu added to the participants answers that providing sexuality education to the youth should be the responsibility of everyone; teachers/schools remain the most appropriate channels to provide comprehensive sexuality education to the youth as long as the teachers have the right knowledge, skills and attitude. This is the very reason for this seminar</p>	
(iv) What Sexuality Education do young people need?	Group 1: How to handle Rape cases. Effects of early unwanted pregnancies, Consequences of abortions, and about the Reproductive organs
	Students face challenges of STDs therefore should be taught about STIs and STDs in school such as HIV/AIDS
<p><i>WSWM Teacher's harmonization:</i></p> <p>Mr. Mirimu added to the groups' answers that sure, young people need the right information, skills and the right attitude to be able to take responsibility for their sexuality, to avoid risky behaviour that could lead to unwanted pregnancy, STIs and HIV/AIDS like you rightly mentioned. Also they need skills on how to negotiate themselves out of risky situations like defilement and rape. They need to learn how and why their bodies, minds and feelings are changing as they enter and go through adolescence.</p>	
(v) Should schools provide comprehensive sexuality education to students? If yes, why? If no, why?	Group 1: Yes, schools should provide comprehensive sexuality education because it gives one knowledge to understand these parts affected especially the reproductive parts; Helps one to be protected from the effects of feelings; Helps one to improve /pass his/her examinations since it's under some subjects i.e GP, Biology, etc.
	Group 2: Yes, The youth in schools engage in sexual relationships; Parents have neglected their role therefore it's good for the school to teach sexuality education; Most students spend most of their time at school so sexuality education should be taught at school; The youth undergo body changes ; Due to technological advancements students receive information from the Internet, mobile phones and mass media and so this information should be harmonized at school; Most schools are mixed sex schools therefore boys and girls should be taught about sex; Students

	face challenges of STDs therefore should be taught about STIs and STDs in school such as HIV/AIDS.
<i>WSWM Teacher's harmonization:</i>	
The youth have a right to information and skills to prevent negative sexual outcomes. So you are correct when you say yes to whether schools should provide comprehensive sexuality education to students as long as the information is correct and comprehensive.	
(vi) What topics /areas which should be covered under Sexuality Education for students?	<p>Group 1: Sex and love, Emotions, Peer education</p> <p>Group 2: Reproductive health, Adolescence, STIs/STDs, Friends and Relationships, Sex, Abortion and its consequences, Drug abuse, Peer pressure, Permissiveness, Misuse of Leisure, Guidance and Counseling.</p>
(vii) What challenges are the schools facing/will face in providing sexuality education to students?	<p>Group 1: Some students lack interest in sex education; Lack of enough student peer educators; Lack of external facilitators; Generally most people think it is the responsibility of parents hence it's taken for granted that students will get the education from their homes.</p> <p>Group 2: Inadequate funds; Poor mobilization; Youths ignore sexuality education in school; Negative attitude towards abstinence; Fear among teachers to talk about sex-education; It is optional in schools; Mass media; Some schools are single-sex schools so some concepts in sexuality education would be difficult to explain</p>
<i>WSWM Teacher's harmonization:</i>	
More challenges faced by schools in providing sexuality education include teachers opposing sexuality education in schools and don't support those teachers who provide sexuality education to students thinking it sex education. But sexuality education is different from sex education.	
(viii) What can the schools do to address the challenges of providing sexuality education to schools?	<p>Group 1: The schools should provide enough peer educators; They should also train their teachers on how to provide sexuality education to students; They should sensitize teachers and students about the values of sexuality education; They should provide guidance and counseling to students; The should make sexuality education compulsory</p> <p>Group 2: Schools should make it compulsory; They should sensitize teachers; They should work hand in hand with parents; Facilitate teachers to carry out sexuality education; Provide guidance and counseling sessions;</p>

	Start sexuality groups /clubs like WSWM; Effectively mobilize teachers and students; Provide workshops to both teachers and students
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WSWM Teacher's harmonization:

Mr. Kitaka added that schools could also get Student Peer Educators trained and help to change other students. He said students learn better from peers especially in matters of sexuality. He then called on the former Student Peer Educator of St. James High School Nansana where he teachers, to share her personal testimony.



The visiting WSWM Teacher of St. James High School Nansana harmonizing plenary group 1&2 presentations

8) **Student Peer Educator personal testimony:**



Ms. Anna Nazziwa former WSWM trained Student Peer Educator addressing participants

Ms. Anna Nazziwa, the former WSWM trained Student Peer Educator for St. James High School Nansana thanked the seminar organizers for inviting her to the WSWM Teachers sensitization seminar and for thinking that her testimony will be useful to the students of Aidan College.

In her testimony, she shared her recent nasty experienced of how she became pregnant while in S3 first term and by this time though she was in the WSWM club of St. James High school but she was not yet trained as Student Peer Educator.(SPE). She used to attend club activities just like any other student but the WSWM message and knowledge did not impact her life as much as it did after she had gone through SPE training at Gayaza High School.

She said she had two versions of advices about her pregnancy from her peers before she went for SPE training; some were advising her to abort and some were advising her not to abort. She said her boyfriend did not want her to abort too. But she was also worried about disappointing her parents. So she hid the pregnancy from her parents successfully.

She managed to make it for SPE training at Gayaza High School where she was changed. She said from that time on she know the world was not ending because

she had made a mistake and that abortion has very negative effects on someone.

So she decided to let the pregnancy grow and become determined to face the consequences. She also determined that she would go back to school after breastfeeding her baby.

Participants hailed Anna for those decisions she made. She said he gave birth to a baby girl on Easter Monday of April 2010 and her baby will very soon make 1 year. She also informed participants that the father of her child is paying ½ of her school fees. She now is in Senior 4 in Blue Star Secondary School, Namayumba.

Participants had the following questions for Anna about her personal testimony:

1. What happened? You had WSWM information and tips!
2. Is the father of your child a student or working class?
3. Are you staying with the man?
4. What was the reaction of you parents when they got to know?
5. Are you continuing with the relationship with the man because he is taking care of the kid?
6. Do you know your HIV status?

Anna responded by saying that the father of her child was at Makerere University 3rd year then, and also working along Nasser Road. Now he completed his course at the University. But she stays with her mum. Her parents knew about her pregnancy 2 weeks to delivery and they were kind enough not to chase her away from home but to involve the family of the father of her child.

The Health worker invited to the seminar Mrs. Mawanga Suzan added that since a child was born, it's healthy for the relationship between Anna and the man to continue so that the child can be taken care of. The relationship can continue without sex -- Anna just needs to be guided and counseled more but it's okay for the relationship to continue.

Mr. Mirimu also added and advised teachers to be useful to such students and pass on relevant SRHR messages to help them. Mr. Kitaka hailed Anna for being brave to share her personal testimony. He added that it's now common to find such girls in schools. Last year in one of the Wakiso schools(he declined to mention its name), out of a students population of 234 S4 candidates, 7 were pregnant at the time of UCE examinations.They were allowed to sit for their UCE exams and many parents hailed that school's administration for such a decision. Also in another scenario, Mr. Kitaka added, a parent had a daughter in S6 who was pregnant just close to UACE national examinations. The parent/mother summoned Mr. Kitaka to come help her handle the situation. Mr. Kitaka escorted the pregnant girl to school for the examinations briefing session (normally parents/guardians are allowed to attend the briefing sessions). His role was to motivate and encourage the pregnant girl that she can make it it's not the end of the world, etc. The girl managed to sit all her papers and passed all of them with

12 points. Mr. Kitaka iterated Mr. Mirimu’s advice to teachers to be useful to the students and pass on relevant SRHR messages to them.

9) Group 3 and Group 4 presentations and WSWM Teacher’s harmonization:

(i) What is Reproductive Health?	Group 3: Is the normal state for the functioning of the body parts that are responsible for reproduction
	Group 4: Is a situation whereby one has normal sexual organs producing proper conditions
(ii) What is Sexual Health?	Group 3: Is the intercourse where the concerned parties are normal and have consented to one another.
	Group 4: These are normal conditions of sexual organs
(iii) What are Sexual Rights?	Group 3: Accepted standards for sexual health life
	Group 4: Sexual rights are rights of one to express him or herself sexually
(iv) What are some of the Sexual Reproductive Health and Rights (SRHR) issues/challenges faced by students in schools?	Group 3: Students forced by teachers into sexual relationships, unwanted pregnancies, STIs, school drop outs, negative peer pressure
	Group 4: Unwanted pregnancies, abnormal menstruation periods, Candida, forces sex, cross-generational sex, rape, defilement, early marriages, pre-marital sex, STIs, peer pressure
<i>WSWM Teacher’s harmonization:</i>	
Mr. Kitaka added to these contributions from group members that more SRHR challenges in schools include homosexuality in boys schools, lesbianism in girls schools, domestic violence, traditional beliefs and superstitions, myths among peers that strictly need to be corrected by the teachers and that’s why this workshop is very important for teachers to change their attitude towards sexuality education so that they can help out the students before they mess up their lives.	
(v) How do these Sexual Reproductive Health and	Group 3: Unwanted pregnancies which leads to school dropouts; STDs that lead to poor health; negative emotions that lead to lack of concentration

Rights (SRHR) issues faced by the students affect their academic performance?	<p>on academics.</p> <p>Group 4: Lack of concentration on academics, failure to complete school, indiscipline, absenteeism in class, transmission of STIs, unwanted pregnancies, imprisonment, psychological torture hence loss of academic appetite.</p>
<p><i>WSWM Teacher's harmonization:</i></p> <p>Mr Kitaka added that poor student to teacher relationships is another issue for example in case a student refuses to give in to the teacher; the teacher may decide to give her low marks leading to poor performance by the student. Mr. Mirimu congratulated the group members for exhaustively responding to that question.</p>	
(vi) What is Aidan College currently doing to address the SRHR issues faced by the students?	<p>Group 3: School Magazines, school counselors, entertainment, games and sports to kill idleness.</p> <p>Group 4: Guiding and Counseling, introducing of clubs like WSWM, inviting guest speakers like counselors, medical check-ups, students-parents meetings, workshops</p>
(vii) What challenges are faced by St. Aidan College in trying to address the SRHR issues faced by the students?	<p>Group 3: Limited funds to train enough peer educators, failure to involve parents</p> <p>Group 4: Limited funding to sensitize parents; limited funding to employ enough guidance and counseling teachers, limited time given to WSWM club to share with the rest of the school.</p>
(viii) What can Aidan College do to address the challenges it faces in trying to address the SRHR issues faced by the students?	<p>Group 3: Do more relevant talking, organize parents' meeting.</p> <p>Group 4: Sensitize parents, invite guest speakers like nurses to talk about sexuality related issues, hold sexuality education workshops</p>
(x) What role can Student Peer Educators play in assisting the schools address the SRHR issues faced by the students?	<p>Group 3:</p> <p>Group 4: Holding discussions, being exemplary to the others, writing poems and articles, use drama and music to pass on SRHR messages, guidance and counsel other students, forming up clubs like Peace talks and Staright talk clubs;</p>

WSWM Teacher's harmonization:

Mr. Mirimu said that in addition, Student Peer Educators play a role of student mobilization for WSWM class time. Like in this school we have a number of mobilizers in the WSWM club.

(xi) How can the schools empower the Student Peer Educators?	Group 3: Through facilitating them to attend workshops when invited e.g. WSWM workshops, by giving them time to talk on school assembly
	Group 4: Awarding prizes, recognizing those who have been exemplary and also giving them responsibilities.

WSWM Teacher's harmonization:

Additionally, the school needs to continue recognizing the efforts of the peer educators among their peers. Fortunately SchoolNet Uganda is organizing to train one more SPE for Aidan College this year in the May 2011 holidays. May be we can have more than one students trained.

10) WSWM Students' presentations:



WSWM Students presenting their poems and testimonies at the seminar

Some of the WSWM club members present at the seminar presented 3 poems which are appended to this report. They were mainly S1s and S2s.

Below are two of the poems by the WSWM students:

Poem entitled “Uniqueness” by S1s:

I am not you
You not me
Yet will not give me a chance
Let me be me

If I were you
But you know I am not you
Yet you will not
Let me be me

You meddle interfere
In my affairs
As if they were yours
And you are not me

You are unfair
Unwise, foolish to think that
I can be you
Talk, act, think like you

God made me me
He made you you
For God’s sake
Let me be me

Poem entitled “What a Man Thinks” by S1s

Smile for him: then you have fallen for him
Ignore him: Then you despise him
Accept him: Then you want favors
Reject him: then you go cool
Have him only: He thinks nobody else wants you

Let him make love to you: Then you are cheap
Combine him with others: Then you are a crook
Bear him children: then you want to marry him
Tell him the truth: Then you are rude in love
Out of love with him: Then you are ugly and boring

That’s what a man thinks!

11) The Health Worker's Remarks:

This session was facilitated by Mrs. Suzan Mawanga, a nurse working with Ndejje Health Center IV, Maternity Department. In her remarks, Mrs. Mawanga thanked the seminar organizers for such a much needed undertaking like the WSWM Teachers' Sensitization seminar. She also thanked the school for inviting her to be one of the seminar facilitators.



The Health Worker, Nurse Namukwaya addressing participants

Nurse Namukwaya said she was requested to discuss along specific areas in this seminar. She mentioned several SRHR issues that are presented by young people at the health center including:

- Abortions that have led to skepticism /septic uterus
- Unwanted pregnancies (but the health center does not carry out abortions)
- STDs/STIs including candida
- HIV/AIDs infected youths
- Victims of domestic violence
- Victims of rape (it's absurd that many of them are by relatives of the victims)
- Victims of defilement
- Victims of parent's negligence in homes e.g fire burns and scalds from water/porridge/soups

- And many others

The Health worker told participants that young people's sexuality problems often grow out of the normal. This is not because they do not want to seek for services but because the services are not youth-friendly. She informed participants that at Ndejje Health Center IV, the management is aware of the young people's needs and as such two people were trained as Youth-friendly service provider at the health center in 2009 but one of them left.

The one still present, Sister Namisanvu Immaculate is overwhelmed by the work beyond being limited by lack of infrastructure. If a pregnant youth is to be attended to by this worker, she would still have to line up with the rest of the pregnant mothers. This is detestable to the youths, and remains a challenge for now. She added that however, the youth-friendly trained worker Sister Namisanvu can be available when called upon by Aidan College her contacts will be left with Mr. Mirimu.

Mrs. Mawanga said that all the SRH services offered at Ndejje Health Center IV are free and they include:

- HIV/AIDS counseling and testing
- STIs/STDs testing and treatment
- Antenatal care
- Post-abortion services (but they do not carry out abortions)
- Male circumcision is normally for booking and at a cost (20,000/= - 30,000/=)

12) SchoolNet Uganda Representative's Remarks:

The WSWM Desk Officer from SchoolNet Uganda, Ms. Nansubuga Allen S thanked the school administration for making the WSWM Teachers Sensitization seminar possible and for availing teachers for the seminar.

She requested the teachers and students to listen for only a handful of minutes as a lot of what she wanted to say had already been communicated by Mr. Mirimu and Mr. Kitaka. She thanked those two WSWM teachers for being constructive friends to each other and for co-facilitating the seminar so ably. She thanked the school administration for fanning into flame the WSWM activities in the school and also for noting that WSWM activities should not be kept at club level but rather made for everyone in the school to benefit.

She requested Mr. Mirimu to organize and print out the facilitators' notes and give them to teachers for more information. She thanked the health worker for coming to facilitate that very important part of the session and also to remain a main link between the school and the Ndejje Health center IV SRH services.

Allen also thanked the Student Peer Educator Ms. Anna Nazziwa for being brave and sharing her personal testimony.

Allen informed participants that by way of her few remarks she was going to respond to some of the participants' expectations e.g who started the WSWM? Who funds it? How did it get to Aidan College? Where are the WSWM headquarters?

Allen informed participants that the WSWM is one of the projects SchoolNet Uganda implements in secondary schools. She said SchoolNet Uganda is an NGO and headquartered in the Ministry of Education building of Embassy House Floor 2 Room 13. She added that SchoolNet Uganda's core activity is teacher professional development using ICTs (Information and Communication Technologies).

She said that in 2003, the World Population Foundation together with Butterfly Works also an NGO approached SchoolNet Uganda with request to come up with a sexuality education curriculum for adolescents driven by ICT, which SchoolNet Uganda responded to positively, being attracted by the ICT part of the idea. So 3 schools were identified to pioneer this sexuality education curriculum and teachers from those three schools, some students, some parents and the headteachers together with experts from WPF and Butterfly Works formed the WSWM curriculum. The curriculum is now being implemented in 150 schools, soon to 30 more schools in Eastern Uganda.

She then called for any questions from any participant.

One participant asked how a professional counselor like him can approach SchoolNet Uganda to offer his services of youth counseling.

Ms. Nansubuga thanked him for that good question and added that it actually brings her to very important information she had left out because teachers had already gone for lunch but anyhow, the students will benefit too. She said that SchoolNet Uganda previously was spending a lot of money to physically support the WSWM curriculum implementation in participating schools. But funding kept decreasing with increasing expected outputs i.e No. of schools reached. So SchoolNet Uganda being at the forefront of ICT advocacy in secondary schools decided to start supporting the WSWM using ICT because a lot more schools can be supported via ICT with less funding. Hence the birth of the WSWM Online Support Center platform <http://schoolnetuganda.sc.ug/wswmonlinesupport/> This is where professional counselors like him can render services by answering SRHR questions from students on the discussion board and give more relevant information around that particular SRHR issue. She encouraged the teacher to make a follow up by email.

13) Closing Remarks from Headteacher, Aidan College

The Head teacher Aidan College, Mrs. Frances N. Mutebi in her closing remarks apologized for having joined the seminar so late. She said she is doing a course at the University and she had paper to hand-in in the morning. Mrs. Mutebi informed members that the WSWM Teacher training at Nsambya in 2008 molded her to be a leader. She however expressed disappointment for SchoolNet Uganda not turning up for the school WSWM 2010 Exhibition in 2010 where students were exhibiting the WSWM works to parents.

She said she wants the WSWM to be rolled out to whole of S1 and S2 but there was no way how the roll-out would have been successful before all teachers were sensitized about the usefulness of sexuality education.

She told teachers that during the Nsambya teacher training in 2008, confidence was stressed – teachers have to be confident if they are to teach sexuality issues to young people. She said therefore the WSWM Teacher’s sensitization seminar was really important and timely because support of all teachers is needed in order for the school to move forward as planned. She said the Ministry of Education & Sports has a sexuality education curriculum (PIASY) but it is for government–aided schools but for them as Aidan College, they will use the WSWM curriculum.

She added that it’s absurd to know that some students join secondary education when they are already sexually active. She advised teachers that they integrate sexuality messages as often as possible during their subject classes. She thanked SchoolNet Uganda for the timely sensitization of teachers. She said that even parents need to be sensitized. She thanked teachers for sacrificing their time to come for the seminar. She also thanked the health worker for maintaining a healthy relationship with the school. She then declared the seminar closed.

Participants’ Evaluations of the seminar

Below were some of the participants’ evaluations of the seminar:

- The seminar was very interesting and educative and more is needed especially in education of the youth about sexuality. SchoolNet should also involve the parents and the health workers to achieve the best.
- The seminar was very interesting and it is an amazing event to share with the students what they know. Such interactions help teaching staff to adequately learn from the students and be able to foster what they don’t know as students and hasten their strengths. SchoolNet needs to expand and take on trained personnel that are untapped out there like the psychologists,

counselors and psychiatrists. The Ministry of Education and Sports should take on the WSWM and roll it out to all the schools.

- The workshop has been successful and we have been able to know what the WSWM is all about. As a teacher I've learnt that teaching is not only about concentrating on the topic one is to teach, but also we should look at the other aspects of the learners' lives as far as sexuality is concerned.
- I have got to know the difference between sex education and sexuality education.
- I've learnt to open up as regards sexuality issues.
- I've changed my attitude towards sex, not as a sin but just as a right especially when it is time for my children.
- I've been encouraged to join the WSWM club and support its activities.
- I had no knowledge about the WSWM objectives but now I have.
- I have learnt a lot about the WSWM.
- I've been able to know the difference between sex and sexuality. I've acquired some tips on how to include sexuality messages while I am teaching my subject in class.

It has come to my knowledge that teachers have a role to play towards sexuality education because I thought it was a role of the parents.

Report by: Allen Nansubuga - Rapporteur

Appendix 1: Names, designation and contact information of participants

	Name	Responsibility in School	Subjects taught	Mobile contact	Email address
1	Alioma Kania Maurice	Teacher	Chemistry/ Biology	0777-717516	
2	Nalujja Mariam	Muslim Religious Leader	Fine Art	0782-336172	
3	Kitooke Moses Mutebi	Teacher	History/ CRE	0772-083924	kitsmoz@yahoo.com
4	Nakyeyune Esther Sebbowa	HOD- Arts	CRE/ Geography	0779-677822 /0752-677822	joycon@yahoo.co.uk
5	Hope Obua Kiggundu	HOD- Languages	Literature/ English	0774-648812 /0702-648812	hopeobua@yahoo.com
6	Akidi Susan	Class Teacher	Entrepreneurship/ Commerce	0776-415335	
7	Emokol Moses	Security Officer		0758-162226	
8	Emaset Emmanuel	Security Officer		0754-341131	
9	Emomek Julius	Night Watchman		0752-456746	
10	Nanyange Phionah	Assistant DOS	Commerce Economics	0772-987700	nanyangephionah@yahoo.com
11	Arinaitwe Patrick Mwerinde	HOD – Science & Senior gentleman	Biology/ Chem/ Agric	0782-406454	Arinaitwe.patrick@yahoo.co.uk
12	Talwana Mark	DOS	History/ CRE	0774-782688	Mkt1978@yahoo.com
13	Magezi Vincent	Teacher	Physics /Maths	0782-889356	Chelsea4vic@yahoo.com
14	Kizza Alex	HOD - Mathematics	Maths/ Physics	0779-223361	Alexkizza91@yahoo.com

15	Kintu Adonia	Welfare, Class teacher	Biology/ Agric	0784-104715	adoniakintu@yahoo.com
16	Masaba Isaiah	Class Teacher	Maths	0775-914211	tuliwangulaisaiah@yahoo.com
17	Adega Bosco	Class Teacher/ House Master	Biology/ Agric	0774-776657	adegabos@yahoo.com
18	Ssemakula Abdul Nasser	Class Teacher/ Head of Subject	IRE/History	0782-553302	
19	Nandawula Winnie	Class Teacher/ Head of subject	History/ Luganda	0712-876357	Winnienands@yahoo.com
20	Kitaka Simon	Teacher St. James High School Nansana	WSWM/ Fine Art		kitakasimon@yahoo.com
21	Mirimu Robert	WSWM/ Computer			rmirimu@yahoo.com
22	Allen Nansubuga	WSWM Desk Officer, SNU		0772-362373	alnansubuga@yahoo.com
23	Suzan Mawanga	Nursing Officer Ndejje Health Center IV			